

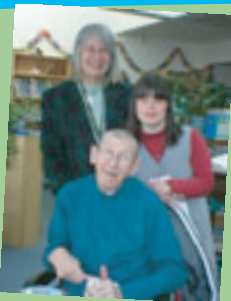
A UNIQUE OPPORTUNITY TO MAKE A DIFFERENCE!

What is career mentoring?

Career mentoring is sharing some time with a member of your community to help them understand your job.

Some examples of mentoring include:

- Job shadowing
- Company tours
- Informational interviews
- Hands-on learning
- Group presentations



DMD UVM Job Fair 2005

"DMD was an excellent way to learn about a particular job and the needed skills to be successful. I was delighted to job-shadow at a bank, since I plan to work in banking when I complete my training."

□ □ A mentee in West Virginia

Why mentor?

You can help your mentee to learn firsthand about internship and job opportunities, target career skills for improvement, explore possible careers, and gain greater confidence in his or her own employability.



For more info contact:

How do I volunteer?

Signing up is easy. Simply call the contact listed below for more information on how you can become a career mentor for a day, week, or longer.

While October 19th is the "official" Mentoring Day, we encourage you to pick a time that is most convenient for you and your company.

Our goal is to make positive matches based on your workplace and a mentee's career interests.



Vermont Disability Mentoring Day



Career mentoring is an opportunity to share experiences, insight, and information with members of your community.

DMD is a national partnership between the American Association of People with Disabilities and the U.S. Department of Labor, Office of Disability Employment Policy.

DMD in Vermont is supported by the following organizations:

Vermont Association for Persons in Supported Employment

UVM Center on Disability and Community Inclusion

The Vermont Business Leadership Network

Vermont Agency of Human Services:

- VocRehab Vermont
- Division of Mental Health
- Division of Human Services
- Division of Childrens' Services
- Division of Developmental Services

Vermont Association of Business, Industry & Rehabilitation (VABIR)

Rutland Business Advisory Council

VT State Council of the Society for Human Resources Management (SHRM)

The Governor's Committee on the Employment of People with Disabilities



Vermont Disability Mentoring Day



Career Development

for the

21st Century

Oct. 19, 2005