

# University of Vermont Project ECHO

## Treatment of Chronic Pain

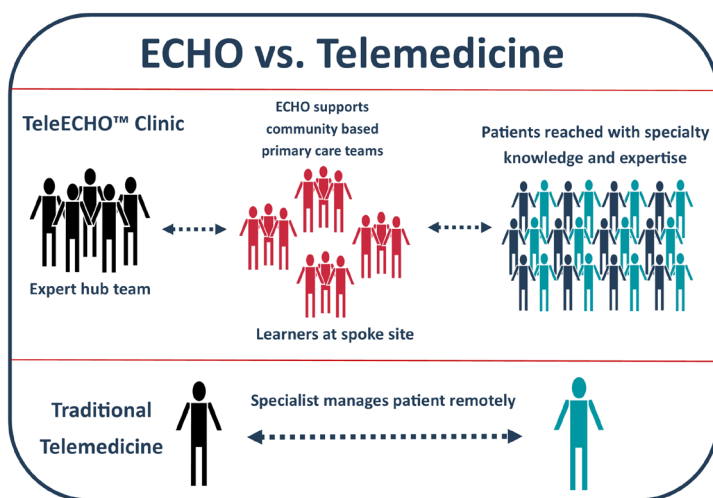


This program will highlight best practices and evidence-based care for treating patients who experience chronic pain. The program will identify strategies, screening tools, resources, and emerging topics in this field. The intended audience is a cohort of individuals or practice teams, including family medicine, internal medicine, social work, behavioral health, and addiction medicine providers throughout Vermont.

**This program is offered at no-cost to participants through a grant from the Vermont Department of Health.** Participants can receive CME credits for each learning session attended. As a pilot offering, in exchange for your critical feedback to help us implement this new program, a \$1,000 practice-level stipend is available.

### About Project ECHO

This program uses the Project ECHO model™. **Project ECHO®** (Extension for Community Healthcare Outcomes) is an evidence-based interactive distance-learning method developed by researchers at the University of New Mexico. The ECHO model™ links teams of interdisciplinary specialists with primary care clinicians. During teleECHO™ sessions, experts mentor and share their expertise across a virtual network via case-based learning, enabling primary care practice teams to treat patients with complex conditions in their own communities.



### 2018 PROGRAM SCHEDULE

DATES (All Fridays, 11:30am to 1pm)	SESSION	DIDACTIC TOPICS (in addition to case review)
<b>April 6</b>	TeleECHO Session #1: Project ECHO Orientation	<ul style="list-style-type: none"> <li>• Orientation to Project ECHO</li> <li>• Program Overview</li> <li>• Anatomy of teleECHO Session</li> <li>• Case Presentation Templates</li> </ul>
<b>April 20</b>	TeleECHO Session #2	<ul style="list-style-type: none"> <li>• Opiate-prescribing Best Practices</li> </ul>
<b>May 4</b>	TeleECHO Session #3	<ul style="list-style-type: none"> <li>• Functional Assessment of Patients with Chronic Pain</li> </ul>
<b>May 18</b>	TeleECHO Session #4	<ul style="list-style-type: none"> <li>• Assessing for Misuse</li> </ul>
<b>June 1</b>	TeleECHO Session #5	<ul style="list-style-type: none"> <li>• Interpretation of Urine Drug Testing</li> </ul>
<b>June 15</b>	TeleECHO Session #6	<ul style="list-style-type: none"> <li>• Compassionate Tapering</li> </ul>
<b>June 29</b>	TeleECHO Session #7	<ul style="list-style-type: none"> <li>• Non-opiate Treatments for Chronic Pain</li> </ul>
<b>July 13</b>	TeleECHO Session #8	<ul style="list-style-type: none"> <li>• Role of Interventional Pain Management</li> </ul>
<b>July 27</b>	TeleECHO Session #9	<ul style="list-style-type: none"> <li>• Cannabis Use for Chronic Pain</li> </ul>

## The program will help participants build capacity by:

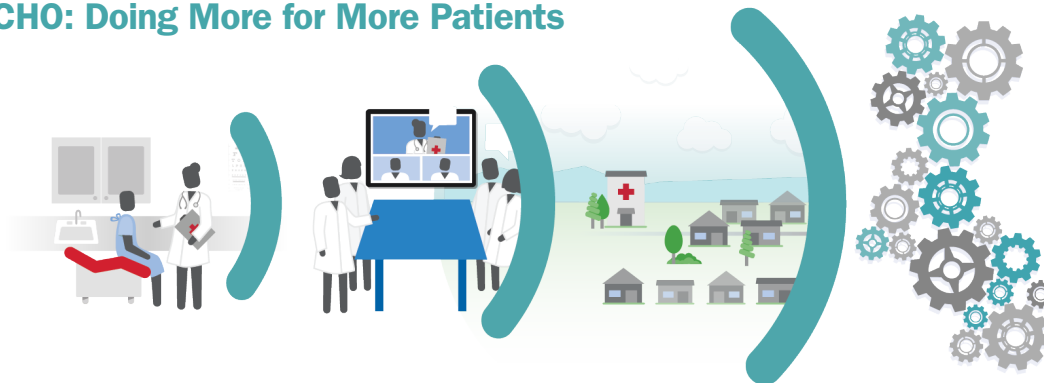
- Providing consultation from an experienced team of experts and specialists through regular web-based case conferences and teaching
- Providing an interactive and engaged virtual learning environment
- Focusing on critical issues that arise in the care of patients with chronic pain
- Helping to support and facilitate the quality of care for patients experiencing chronic pain.



## Participant commitment:

- Participate in each Project ECHO case-based learning session, using a virtual meeting platform (see program schedule, 9 sessions total)
  - Each virtual learning session is 90-minutes in duration and will consist of a case presentation and brief lecture with Q&A
- Submit case(s) and present them to the group
- Complete a post-assessment survey at the end of each session
- Provide requested evaluation feedback at the end of the full program.

## PROJECT ECHO: Doing More for More Patients



### PATIENT

- Right Care
- Right Place
- Right Time

### PROVIDER

- Acquire New Knowledge
- Treat More Patients
- Build Community of Practice

### COMMUNITY

- Reduce Disparities
- Retain Providers
- Keep Patients Local

### SYSTEM

- Increase Access
- Improve Quality
- Reduce Cost

## TO REGISTER

Complete the registration form by March 16, 2018. As part of the registration process, participants are asked to complete a Statement of Collaboration (SoC) outlining the program commitments.

**NOTE: The program has limited enrollment. Registrations will be accepted on a first-come, first-served basis.**

General questions about the University of Vermont's Project ECHO can be directed to [Elizabeth.Cote@uvm.edu](mailto:Elizabeth.Cote@uvm.edu), clinical/topic-specific questions can be directed to [Mark.Pasanen@uvm.edu](mailto:Mark.Pasanen@uvm.edu).